



Park Hall Academy

School Sports

SPONSORSHIP

If anyone works for a local business and is interested in sponsoring a kit. Please see Mrs K Boult / Mrs Brindley or contact us on 01782 312384.

We have bought some new equipment to help us maintain our high quality PE teaching. If anyone has any links to companies which supply this equipment we would be very grateful for any help or financial support.

MRS T BRINDLEY (PE LEADER)

SPRING TERM

Personal Best

As PE leader at Park Hall Academy, I am always trying to find new initiatives to encourage our pupils to live healthy, active lifestyles. This term you may hear your child talking about a personal best challenge that we are doing as a whole school initiative. The children will be timed doing star jumps at the beginning of spring term 2—the length of time varies depending on the children's ages— and then this will be repeated at the end of the term to see if the children can improve on their fitness and cardio ability. I have already seen lots of pupils practicing this at lunchtimes and playtimes and trying to become stronger and fitter in order to improve on their personal best. Following the success of this, we will be setting a new challenge in the summer term. Our School Sports Crew and ambassadors will be helping to measure and record these challenges.

IT'S NOT ABOUT BEING THE BEST
IT'S ABOUT BEING BETTER THAN YOU WERE YESTERDAY

Cross Country

The cross country team continue to train and compete in all weather conditions following their great success in the Autumn term. This half term, they have raced at The Ormiston Meridian and The Discovery Academy. Overall this year, our girls team finished 5th out of 10 Longton schools and our boys team finished a wonderful 3rd. They have made me super proud every week, these children are so resilient and I am proud that they are pupils of Park Hall Academy! We are delighted that 3 of our pupils have been chosen to represent the district team in the city cross country competitions. AMAZING!!!



New Opportunities



Our pupils have been very busy competing in trust, cluster and south stoke sports association sporting competitions. On 16th January, 12 children went to St Nathaniel's Academy to take part in a boccia competition. We were able to enter 3 teams and our 'A' team came 3rd which was a fabulous result. We have now purchased some boccia equipment so we can teach this sport as part of our curriculum and develop the children's tactical awareness and accuracy skills. Year 5 have thoroughly enjoyed learning this new sport in their PE lessons this term.



On 7th February, 15 girls went to Moorside High School to take part in a cheerleading taster day with pupils from other schools within our cluster. The children had a fabulous day!

On 20th March, 15 of our pupils went to compete in a Battlezone Archery event at Glebe Primary School organised by Premier Sport, we played against 9 schools, which the children absolutely loved, and our 'A' team came an impressive 3rd place!



Twenty six, Year 5 pupils passed their Bikeability training last week. The pupils from 5S and 5H, had 6 hours of training over two days and learnt all about riding safely on the roads. They thoroughly enjoyed it although they were totally exhausted as was Mrs Wagstaff, who did two full day of bike training! Well done to all involved!

Sporting Success



Last week, Mrs Boult and Mr Brindley took at Y3/4 football team and a Y5/6 football team to compete in the Crescent Football Tournaments where we dominated once again. Both teams WON their competitions and brought two lovely shiny trophies home for the cabinet! Fantastic Boys!



On 27th February, Mr Brindley and Mrs Boult took eight Y6 boys to the Power league where they competed against 31 schools in a 6 side football tournament against 31 schools from Stoke on Trent. The boys played incredibly well and progressed to the final. They were drawing 1-1 so it went to extra time and in the last 30secs we let a goal in which meant we came second in the tournament. The boys were an absolute credit to us and made us very proud although they were completely devastated that they didn't walk away as champions!



Our Y5/6 football team continue to dominate within the Longton Football league winning 7 of their eight games and drawing one game. So far they have played against Sutherland, Christchurch, Crescent and Werrington. They continue to play some fantastic football and work so well as a team! They have two remaining schools to play after the Easter break. A big thank you to Mr Brindley and Mrs Boult for their commitment to running the football team, and also to the families of the players, so many matches this year have been cancelled due to the weather or poor conditions and we have never had any complaints or negativity. Thank you so much for your continue support of our fabulous football team!



Ju-jitsu at Park Hall Academy

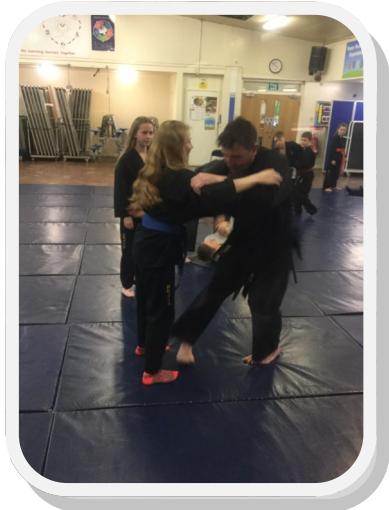
The after school ju-jitsu club held on Tuesdays in the school hall, is taught by Sensei Dave Woodward, a qualified instructor of the Bushi Kempo Ju jitsu Association, who has over 25 years experience at this level. He is assisted by Steve Tabbenor, who has held a 1st Kyu qualification for over 30 years.

During the hour long sessions, a wide variety of exercises and technique are undertaken by the students, tailored to both their abilities and interest. Discipline has to be maintained in order to preserve the students safety, but the ethos of the club is to achieve this without the need for the harsh strictness of the traditional Dojo.

As the student's abilities increase, they have the opportunity to undertake a formal grading, during which their abilities are assessed according to the BKJJA syllabus. This is an entirely voluntary part of the club, but it does provide a measure of the achievement level of each student. This is indicated by the various coloured belts awarded, and is very popular with most students.

There is no need for the students to wear traditional suit or Gi during the lessons. Loose clothing without zips or other potentially injurious fastenings is quite sufficient, or the school PE kit is quite acceptable.

Overall the club is run on a friendly basis with care and consideration for all abilities. Both instructors are first aid trained and have up to date DBS checks.



| Can all children have their indoor and outdoor PE kit in school at all times. We will send it home for washing in the holidays.

| If PE kit is in school it means all children will be ready for their lessons even if they change days.

| Also as the weather is still cold, please ensure your child's outdoor PE kit is warm. this may include a sweatshirt, tracksuit bottoms etc. Children will do outdoor PE regardless of cold weather in order to meet the government guidelines of taking part in 2 hours PE per week . If your child has no kit in school they will be given school kit to wear.

